

### **DRIVING DIRECT TO NNUH -HELP**

**TRAVELLING FROM THE A47** – Leave the A47 at the junction for the B1108 following road signs for Norwich city centre and the Hospital. At the junction of the B1108 with Colney Lane, turn right and continue straight down Colney Lane through the Norwich Research Park. (Unless going to the Cotman Centre, then turn left into it at the Research Park)

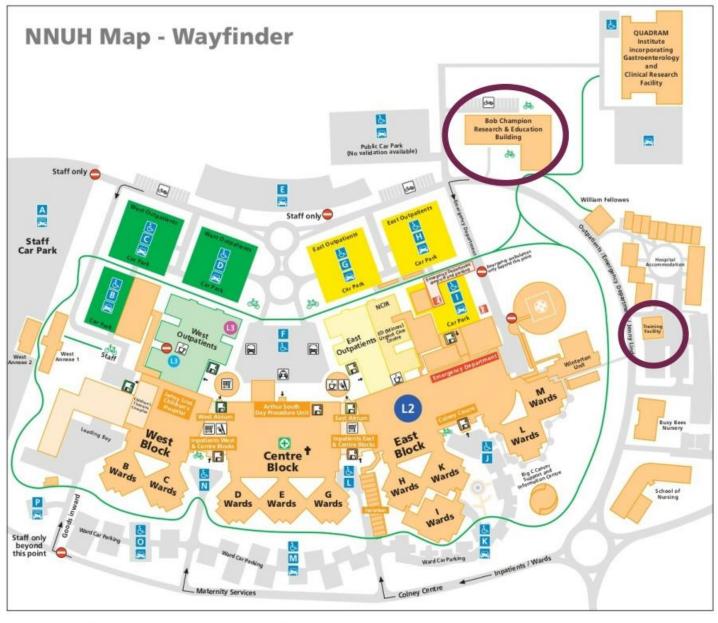
**TRAVELLING FROM THE A11** – Leave the A11 at the first roundabout after the Thickthorn A47/A11 junction. Turn left at the Cringleford roundabout and follow the road signs for the Hospital.

**TRAVELLING FROM NORWICH AND NORTH NORFOLK** – Follow road signs for the University and Hospital (B1108), continue past the UEA on the left hand side and turn left on to Colney Lane following the signs for the Norwich Research Park and the Hospital.

**TRAVELLING FROM NORWICH CITY CENTRE** – Leave the city centre following signs for A11 Thetford. Once on the A11 follow the Hospital road signs to Cringleford and turn right at the Cringleford roundabout and continue to follow the road signs for the Hospital.

**A Multi-Storey car park is available adjacent to NNUH, which is owned and operated independently**. Ground, first and second floors have electric car charging points. Charges payable at the point of use.

Leading up to your exam and on the day, please call 01603 287192 if you are unsure of where to stay, if you get lost on site or unsure where to go or how to get here, our mortuary team will help you with any enquiries.



	West Block		Centre Block			East Block				
BW	lards	C Wards	D Wards	E Wards	G Wards	H Wards	I Wards	K Wards	L Wards	M Wards
			Denton	Earsham	Gateley	Hoveton				
Blak	keney	Cley	Dilham	Easton	Gissing	Hethel	Intwood	Kilverstone	Jack Pryor Unit	Mattishall
Bui	xton	Coltishall	Docking	Edgefield	Guist	Heydon	ingham	Kimberley	Loddon	Pandiatric ID Older People's E
Bru	ndall	Cringleford	Dunston	Elsing	Gunthorpe	AMU (H)	AMU (I)	AMU (K)	Langley	Mulbarton
B		atal Ultrasound utpatients - Lev		Breast Imagir	ng Department ients - Level 3	L2 Main Med	n Radiology an icine Receptio Block - Level 2	d Nuclear n	NCIR - Norfe Intervention	
B	West Ou	atal Ultrasound	el 3 🕒	Breast Imagir	ng Department	L2 Main Med East	n Radiology an icine Receptio Block - Level 2	d Nuclear n	NCIR - Norfe Intervention	
B		atal Ultrasound utpatients - Lev	el 3 🕒	Breast Imagir	ng Department ients - Level 3	L2 Main Med East Cycle Par	n Radiology an icine Receptio Block - Level 2	d Nuclear n 2	NCIR - Norfe Intervention	nal Radiolog
B	West Ou	atal Ultrasound utpatients - Lev Bus & taxis	el 3 🕒	Breast Imagin West Outpat	ng Department ients - Level 3	L2 Main Med East Cycle Par	n Radiology an icine Receptio Block - Level 2 rking th / footpath	d Nuclear n 2	NCIR - Norfe Intervention	nal Radiolog Parking

January 2023

#### Circled above, the Bob Champion Building and the Training Centre.

# NEARBY ACCOMODATION

#### TRAVELODGE

Norfolk Showground (Which is located a walk close to park n ride which directly goes to the hospital) Norwich Cringleford—Easy access by car to the hospital Norwich Central Riverside – located close to train station Norwich Central by the Bus station—located easily for all buses to the hospital

- **PREMIER INN** By the train station Norwich Nelson in the City Centre
- BROADVIEW LODGE on the UEA Campus—a short walk from the hospital with student discount if you have your NHS badge I.D—state that you are a student on a course for the NNUH when booking online

https://www.uea.ac.uk/about/information-for-visitors/visitor-accommodation

• There are a range of hotels in Norwich City Centre, Air BnBs and Bed and breakfasts conveniently located close to the hospital on easy public transport links.

# DIRECT PARK N RIDE TO THE NNUH

#### 510 Costessey Park & Ride

Costessey Park & Ride is situated on Long Lane, just off the A47/A1074 junction, adjacent to the Royal Norfolk Showground.

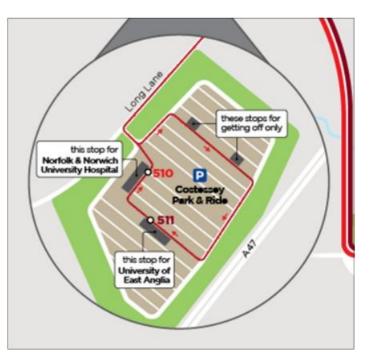
Buses run up to every 15 minutes at peak times, and up to every 30 mins off peak (approx 0925 to 1455)

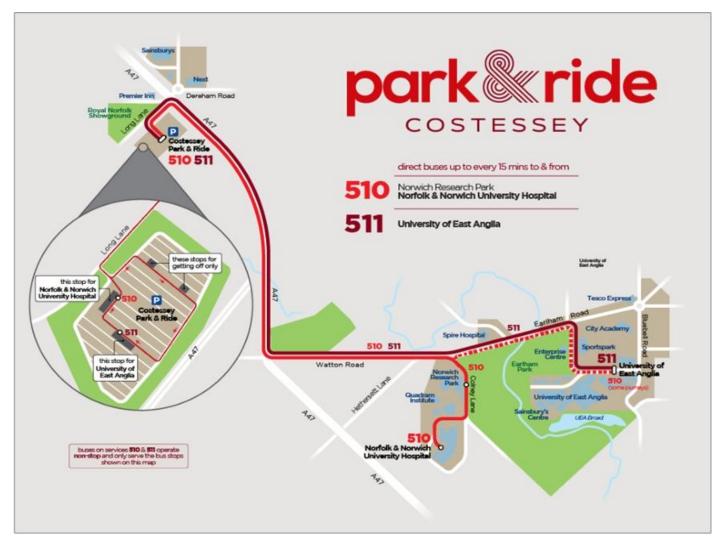
First bus from Costessey P&R 0630 - last bus from N&NU Hospital 2045

Journey time - 10 mins—Buses also call at Norwich Research Park (Colney Lane—COTMAN CENTRE)

**Fares:** A flat fare ticket is available for all journeys, either single or return - Adults £1

Travel is free for all N&NUH and NHS Staff on production of their ID Badge.



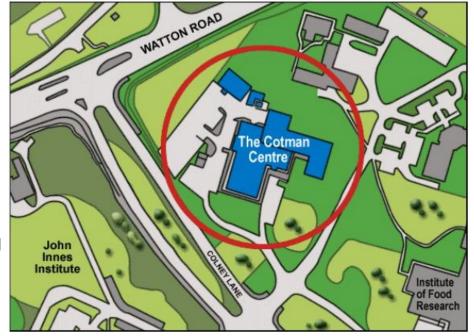


Please see above for a larger map of the Park & Ride which goes direct to the hospital.

### THE COTMAN CENTRE

The Cotman Centre Colney Lane Norwich, NR4 7UB

From the junction of the B1108 and Colney Lane, turn down Colney Lane towards the hospital. Instead of continuing down Colney Lane, take the first left at the traffic lights. The Cotman Centre will be found on your left. There are limited parking spaces at the Centre



### **PUBLIC TRANSPORT**

The hospital is served by the bus routes:

First 11 – Sprowston, City Centre, NNUH

First 21 – Old Catton, City Centre, Bowthorpe, NNUH

First 26 – Norwich Rail Station, City Centre, Earlham Road, UEA, NNUH

Please look on traveline or the first bus website to find out more. Downloading the app will give you more accurate times and able to pay for your tickets in advance.

#### TRAIN

There are direct links from London Liverpool Street to Norwich, as well as one from Liverpool via the Midlands to Norwich.

From Norwich railway station, our advice is to use a the **First 26 bus from** Norwich Rail Station which travels through the City Centre up Earlham Road to UEA and then arrives at NNUH.

#### THERE ARE ALSO NATIONAL EXPRESS COACHES THAT COME INTO NORWICH BUS STATION FROM LONDON AND BIRMINGHAM

## TAXI - 20mins Avg. Journey Time

Courtesy Taxi—01603 446644 (also has an app which you can prebook on)

ABC— 01603 666333 (can also book online their website)

Beeline-01603 767676

### You can walk into the main hospital building and wait for any Taxis. There are restaurants, shops and café's inside the main hospital building for refreshments.

FOR ANY FURTHER HELP OR INFORMATION, PLEASE DON'T HESITATE TO CONTACT: mortuary.office@nnuh.nhs.uk or call 01603 287192 for the NNUH Mortuary

